

affinitylifedesign.com

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Affinity Life Design training programs: Rebecca Darling utilizes an effective combination of coaching modalities when presenting and speaking to groups. After many years in corporate training and marketing and sales management in the U.S. and Canada, she provides a fresh & realistic perspective. The workshops are interactive and you will leave with new skills and tools to put into action.

“Rebecca is an inspiring person! She can help you to tackle everyday challenges with more focus and less stress.” Mike Krampitz, Picture This Photography

“The Building Rapport class was educational and so much fun!” Cindy Mills, Limestone Wealth Management/Fundex Investments

“The business coaching process helped me to focus and to increase productivity.” Tab Ubdegrove, Owner, Nutrition House

Coaching & Consulting—one-on-one or corporate programs

Increase Sales

Confidence in Presentation & Public Speaking

Making Change Successful not Stressful

Building Rapport & Confidence

Increase Focus

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Corporate and Group Series:

Building Rapport for Confidence & Success Seminar

Do you struggle to initiate a sales visit or call with potential clients? Do you miss opportunities to understand your clients' needs? This introductory class is based on coaching techniques & NLP (NeuroLinguistic Programming) for building rapport as a foundation in the sales/service process.

Learn the basics: how to build rapport with clients, how to motivate, how to gather information, and the

keys to successful interactions. Turn rapport building skills with clients into sales and increased confidence.

Get a Grip on Stress Workshop

Is the age of distraction impairing your productivity and feelings of satisfaction?

Begin your personal Energy Connection © with this fresh perspective on stress. You will experience the Canadian Institute of Stress/Hans Selye Foundation: PWGP™ Personal Wellness/Goal Plan™. Course includes techniques and tools for

becoming aware of stress points that impair vitality. Tools for daily rest and practice are included. Get a grip on stress with this fun & interactive workshop. Perfect for business training and groups.



Customized to meet your business training needs

Boost business with YOUR customized sales/service training:

Your business is unique. You've built the business step by step. Rebecca Darling customizes trainings to

meet your service/sales needs. Learn strategies to improve employee focus and productivity. We listen and deliver on your priorities for improved sales and service.

Meaningful methods and tools are applied to your business needs. Call for more information.